

# 2014 BLUEPRINT

BY BLUE CROSS AND ALLINA HEALTH NETWORK  
FOR THE FUTURE OF HEALTH CARE

Blue Cross and Blue Shield of Minnesota and Allina Health are working together to give you a health care experience that's ahead of its time.

BluePrint by Blue Cross and Blue Shield and Allina Health Network brings you an integrated approach to health care. That means the doctors and health care providers you see will work more tightly with your health care plan to save you money and give you more personalized care.

BluePrint gives you access to a comprehensive health care system in the 11-county metro area and beyond — the Allina Health Network. You get a deep network of top primary care and specialty providers. And you'll get a more personalized health care experience with online tools to empower you to take charge of your health. Learn more at [whatisblueprint.com](http://whatisblueprint.com).

## BluePrint may be a good fit for you if:

- You live in the 11-county Twin Cities metro area
- You want access to top health care services and innovative specialty services
- You want a more personalized, proactive approach to your health care
- You want more seamless coordination and integration between your health care providers and your health plan to save money
- You want upfront benefits before you meet your deductible, such as two free office visits

## A NETWORK THAT FITS YOU ALLINA HEALTH NETWORK

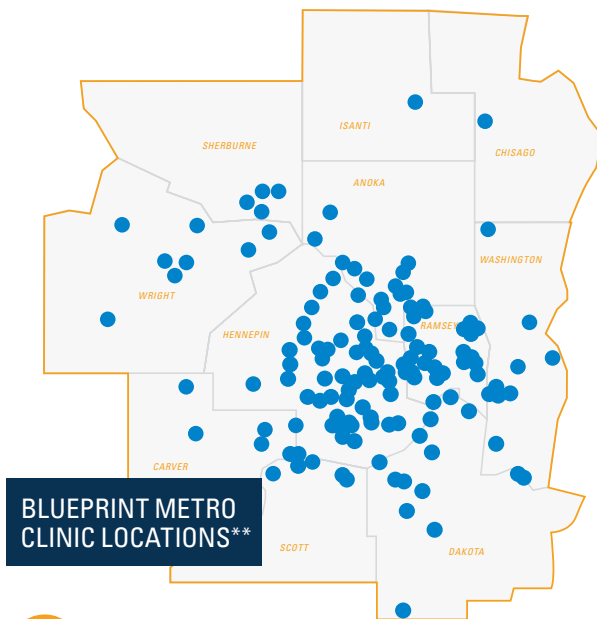
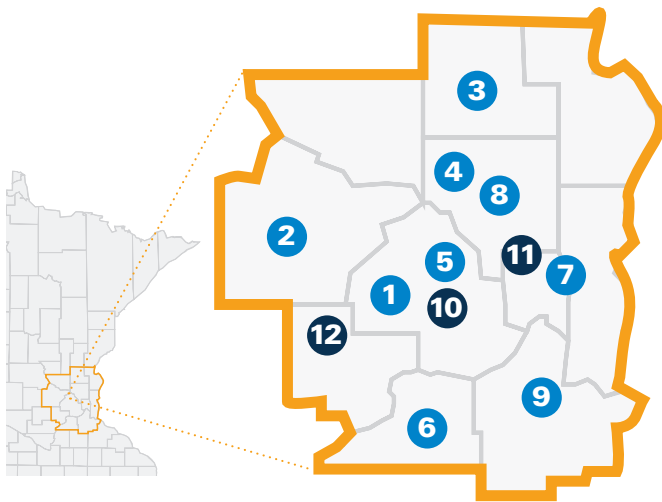
**BLUEPRINT** } 25 HOSPITALS  
225 clinics\*  
4,000 PHYSICIANS

## YOUR COSTS FOR CARE IN BLUEPRINT

Monthly rate This is how much you pay Blue Cross each month for your health plan.	Deductible (single/family) This is the amount you pay for in-network covered health care services in a year before your health plan starts to pay.	Coinsurance This is the percent you pay for your in-network covered health care services after you meet your deductible.	Out-of-pocket maximum (single/family) This is an annual limit on your in-network covered health care expenses. After you pay this much money — in deductibles, coinsurance, copays or a combination of these — your health plan pays for all of your covered health care services.
As low as \$151	\$1,900/\$5,700	20%	\$5,650/\$11,300
As low as \$167	\$1,500/\$4,500	20%	\$2,500/\$7,500
As low as \$190	\$1,000/\$3,000	0%	\$1,000/\$3,000

You'll pay more out of pocket when you see a provider outside of the Allina Health Network.

# Key in-network providers and hospitals



## BLUEPRINT METRO HOSPITAL LOCATIONS\*\*

### Allina Health hospitals

1. Abbott Northwestern Hospital, Minneapolis
2. Buffalo Hospital
3. Cambridge Medical Center
4. Mercy Hospital, Coon Rapids
5. Phillips Eye Institute, Minneapolis
6. St. Francis Regional Medical Center, Shakopee
7. United Hospital, St. Paul
8. Unity Hospital, Fridley
9. Regina Medical Center, Hastings

### Allina Health Network partner hospitals

10. Children's Hospital, Minneapolis
11. Children's Hospital, St. Paul
12. Ridgeview Medical Center, Waconia

Note: All Allina Health hospitals and clinics are available through BluePrint, including New Ulm, Owatonna (Minnesota) and River Falls (Wisconsin).

Additional affiliate partner hospitals include Baldwin Wisconsin, Cuyuna (Crosby), District One (Faribault), FirstLight (Mora), Glencoe, Grand Itasca (Grand Rapids), Hutchinson, Riverwood (Aitkin) and River's Edge (St. Peter and St. Croix Falls, Wisconsin).

The Allina Health Network includes all of Allina Health as well leading independent primary care and specialty care doctors and regional health systems in the Twin Cities metro area, greater Minnesota and western Wisconsin. This means you can choose from more than 25 hospitals, 225 clinics and 4,000 physicians.\*



Make sure your favorite doctor or hospital is in the Allina Health Network. Visit [bluecrossmn.com](http://bluecrossmn.com) and click "Find a doctor."



## QUESTIONS?

→ Visit [bluecrossmn.com/findaplan](http://bluecrossmn.com/findaplan)

→ Talk to an agent. You can find an agent at [bluecrossmn.com/findanagent](http://bluecrossmn.com/findanagent), or

→ Call us at **1-800-262-0823** (TTY **711**)

Blue Cross and Allina Health will work together to coordinate and improve the quality of your care. To do so, we will ask you to give us permission to share your contact information and past, current and future health and account records with each other.

We feature a large network of health care providers. Each provider is an independent contractor and not our agent.

\*As of October 1, 2013. Extended network coverage available through BlueCard® PPO outside of Minnesota.

\*\*Provider listings are not all-inclusive and are subject to change. For a complete list of providers, visit [whatisblueprint.com](http://whatisblueprint.com).

Note: All Allina Health hospitals and clinics are included in the Allina Health Network available through BluePrint, including those outside the 11-county metro area, as well as many affiliated practices and health systems.

Allina Health is an independent company that provides health care services. Allina Health Network is a subsidiary of Allina Health.

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