

BLUECONNECT

SANFORD HEALTH
HEALTH CARE CENTERED AROUND YOU

Benefit from a personalized approach that helps you achieve your best health.

Blue Cross and Blue Shield of Minnesota and Sanford Health are working together to bring you peace of mind through a holistic health care experience ahead of its time. It’s about you. With BlueConnect, we have refocused the way health plans work with providers and put you at the center.

BlueConnect offers a friendly, simple experience and resources that help you take care of your health regardless of your health status.

BlueConnect may be a good fit for you if:

- You want access to the most comprehensive health care system in western Minnesota
- You want your health care providers and health plan to coordinate your care to eliminate paperwork and duplication of efforts and save you money
- You want access to all of your health information in one place
- You want upfront benefits before you meet your deductible, such as two free office visits
- You want a friendly, simple health care experience
- You want help taking charge of your health

A NETWORK THAT FITS YOU
SANFORD HEALTH NETWORK



simple
affordable
convenient

YOUR COSTS FOR CARE IN BLUECONNECT

Monthly rate	Deductible (single/family)	Coinsurance	Out-of-pocket maximum (single/family)
This is how much you pay Blue Cross each month for your health plan.	This is the amount you pay for in-network covered health care services in a year before your health plan starts to pay.	This is the percent you pay for your in-network covered health care services after you meet your deductible.	This is an annual limit on your in-network covered health care expenses. After you pay this much money — in deductibles, coinsurance, copays or a combination of these — your health plan pays for all of your covered health care services.
As low as \$148	\$1,900/\$5,700	20%	\$5,650/\$11,300
As low as \$167	\$1,500/\$4,500	20%	\$2,500/\$7,500
As low as \$191	\$1,000/\$3,000	0%	\$1,000/\$3,000

You’ll pay more out of pocket when you see a provider outside of the Sanford Health network.

Key in-network hospitals

Sanford Medical Center Fargo in Fargo, ND

Sanford USD Medical Center in Sioux Falls, SD

Sanford Bemidji Medical Center in Bemidji, MN

Sanford Worthington Medical Center in Worthington, MN

Sanford Thief River Falls Medical Center in Thief River Falls, MN

Sanford Luverne Medical Center in Luverne, MN

Sanford Jackson Medical Center in Jackson, MN

Sanford Mayville Medical Center in Mayville, ND

Sanford Wheaton Medical Center in Wheaton, MN

Sanford Tracy Medical Center in Tracy, MN

Sanford Bagley Medical Center in Bagley, MN

Sanford Canby Medical Center in Canby, MN

Sanford Clear Lake Medical Center in Clear Lake, SD

Sanford Westbrook Medical Center in Westbrook, MN

Sanford Rehabilitation Clinic in Sioux Falls, SD

Perham Health in Perham, MN

Ortonville Area Health Services in Ortonville, MN

Mahnomen Health Center in Mahnomen, MN

Murray County Medical Center in Slayton, MN

Windom Area Hospital in Windom, MN

Tri County Hospital in Wadena, MN

Redwood Area Hospital in Redwood Falls, MN

Red Lake Hospital in Red Lake, MN

Prairie Ridge Hospital and Health Services in Ashby, MN

North Valley Health Center in Warren, MN

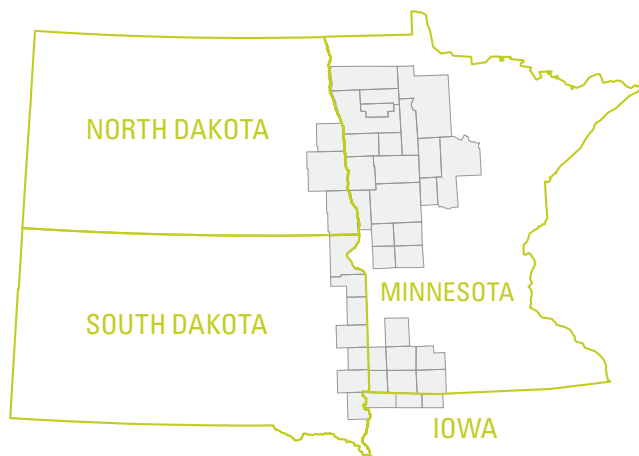
Glacial Ridge Health System in Glenwood, MN

Chippewa County Montevideo Hospital in Montevideo, MN

Cass Lake Indian Hospital in Cass Lake, MN

Lake Region Health System in Fergus Falls, MN

Prairie St. Johns in Fargo, ND



THE SANFORD HEALTH NETWORK ALSO INCLUDES

- Sanford Health Centers of excellence such as Sanford Cancer and the Roger Maris Cancer Center
- Sanford Children's with more than 90 pediatric physicians and over 70 specialties and services
- Sanford Heart, and
- The region's largest team of physicians in Sanford Orthopedics and Sports Medicine

Available in the following Minnesota counties: Becker, Beltrami, Cass, Clay, Clearwater, Cottonwood, Douglas, Grant, Hubbard, Jackson, Lyon, Mahnomen, Marshall, Murray, Nobles, Norman, Otter Tail, Pennington, Pipestone, Polk, Pope, Red Lake, Rock, Stevens, Wadena and Wilkin

Available in the following North Dakota counties: Cass, Richland and Traill

Available in the following South Dakota counties: Brookings, Deuel, Grant, Lincoln, Minnehaha, Moody and Roberts

Available in the following Iowa counties: Dickinson, Lyon and Osceola

Blue Cross and Sanford Health will work together to coordinate and improve the quality of your care. To do so, we will ask you to give us permission to share your contact information and past, current and future health and account records with each other.

Provider listings are not all-inclusive and are subject to change. For a complete list of providers, visit bluecrossmn.com. We feature a large network of health care providers. Each provider is an independent contractor and is not our agent.

Sanford Health is an independent company that provides health care services.

Blue Cross® and Blue Shield® of Minnesota and Blue Plus® are nonprofit independent licensees of the Blue Cross and Blue Shield Association.